PHILIPPIANS 2
ANCHORS

SESSION 3
COFFEE HOUSE JOURNAL PAGE

TAKING IT INWARD—Our Anchors

1. _____ **John 16:33** **Romans 8:17–18** **Ephesians 3:6**	**3. _____** **John 16:5–15** **John 14:16–17** **John 14:26–27**
2. _____ **John 14:1–3** **Romans 8:38–39** **1 John 4:7–11** **Zephaniah 3:17**	**4. _____** **2 Corinthians 1:3–6** **Matthew 11:25–30** **1 Peter 5:6–7**

How We Should Act with Each Other:

Behavior	Me	Our Group

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DIGGING DEEPER

How would you describe the commitment of Timothy and Epaphroditus? What traits did they have in common?

Do your interests, like Timothy's, line up with the interests of Christ? What are the top five things that have your interest right now? (You can easily tell this by how you spend your time and money.)

1.

2.

3.

4.

5.

What do you think are Christ's top five interests? (How do you think Jesus would spend His time and money?)

1.

2.

3.

4.

5.

Would any of your spiritual mentors be able to describe you the way Timothy and Epaphroditus were described by their mentor, Paul?

Epaphroditus risked his life for the work of the gospel. What would you be willing to sacrifice?

PUTTING INTO PRACTICE

What I Learned about Following Christ:

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SESSION 3
COFFEE HOUSE SCRIPTURE SHEETS

Philippians 2

1 Therefore if you have any encouragement from being united with Christ, if any
comfort from his love, if any common sharing in the Spirit, if any tenderness and
compassion,

2 then make my joy complete by being like-minded, having the same love, being one
in spirit and of one mind.

3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above
yourselves,

4 not looking to your own interests but each of you to the interests of the others.

5 In your relationships with one another, have the same mindset as Christ Jesus:

6 Who, being in very nature God,
did not consider equality with God something to be used to his own advantage;
7 rather, he made himself nothing
by taking the very nature of a servant,
being made in human likeness.
8 And being found in appearance as a man,
he humbled himself
by becoming obedient to death—even death on a cross!

9 Therefore God exalted him to the highest place
and gave him the name that is above every name,

10 that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,

11 and every tongue acknowledge that Jesus Christ is Lord,
to the glory of God the Father.

12 Therefore, my dear friends, as you have always obeyed—not only in my presence,
but now much more in my absence—continue to work out your salvation with fear
and trembling,

13 for it is God who works in you to will and to act in order to fulfill his good purpose.

14 Do everything without grumbling or arguing,

15 so that you may become blameless and pure, “children of God without fault in a
warped and crooked generation.” Then you will shine among them like stars in the sky

16 as you hold firmly to the word of life. And then I will be able to boast on the day of
Christ that I did not run or labor in vain.

17 But even if I am being poured out like a drink offering on the sacrifice and service
coming from your faith, I am glad and rejoice with all of you.

18 So you too should be glad and rejoice with me.

19 I hope in the Lord Jesus to send Timothy to you soon, that I also may be cheered
when I receive news about you.

20 I have no one else like him, who will show genuine concern for your welfare.

21 For everyone looks out for their own interests, not those of Jesus Christ.

22 But you know that Timothy has proved himself, because as a son with his father he
has served with me in the work of the gospel.

23 I hope, therefore, to send him as soon as I see how things go with me.

24 And I am confident in the Lord that I myself will come soon.

25 But I think it is necessary to send back to you Epaphroditus, my brother, co-worker
and fellow soldier, who is also your messenger, whom you sent to take care of my
needs.

26 For he longs for all of you and is distressed because you heard he was ill.

27 Indeed he was ill, and almost died. But God had mercy on him, and not on him only
but also on me, to spare me sorrow upon sorrow.

28 Therefore I am all the more eager to send him, so that when you see him again you
may be glad and I may have less anxiety.

29 So then, welcome him in the Lord with great joy, and honor people like him,

30 because he almost died for the work of Christ. He risked his life to make up for the
help you yourselves could not give me.

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