



**DIGGING IN**

Story 1 (Psalm 107:4-9)

Story 2 (Psalm 107:10-16)

Story 3 (Psalm 107:17-22)

Story 4 (Psalm 107:23-30)

**CROSS CHECKING**

What can Jesus do for our friends?

**STORY 1: John 6:35**

**STORY 2: John 8:31-32, 34-36**

**STORY 3: Matthew 11:28; John 8:9-11**

**STORY 4: John 14:27; 16:33**

**PUTTING INTO PRACTICE**

People to reach out to:



### Psalm 107

- 1 Give thanks to the Lord, for he is good; his love endures forever.
- 2 Let the redeemed of the Lord tell their story—those he redeemed from the hand of the foe,
- 3 those he gathered from the lands, from east and west, from north and south.

#### Story 1

- 4 Some wandered in desert wastelands, finding no way to a city where they could settle.
- 5 They were hungry and thirsty, and their lives ebbed away.
- 6 Then they cried out to the Lord in their trouble, and he delivered them from their distress.
- 7 He led them by a straight way to a city where they could settle.
- 8 Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- 9 for he satisfies the thirsty and fills the hungry with good things.

#### Story 2

- 10 Some sat in darkness, in utter darkness, prisoners suffering in iron chains,
- 11 because they rebelled against God's commands and despised the plans of the Most High.
- 12 So he subjected them to bitter labor; they stumbled, and there was no one to help.
- 13 Then they cried to the Lord in their trouble, and he saved them from their distress.
- 14 He brought them out of darkness, the utter darkness, and broke away their chains.
- 15 Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- 16 for he breaks down gates of bronze and cuts through bars of iron.

#### Story 3

- 17 Some became fools through their rebellious ways and suffered affliction because of their iniquities.
- 18 They loathed all food and drew near the gates of death.
- 19 Then they cried to the Lord in their trouble, and he saved them from their distress.
- 20 He sent out his word and healed them; he rescued them from the grave.
- 21 Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- 22 Let them sacrifice thank offerings and tell of his works with songs of joy.

#### Story 4

- 23 Some went out on the sea in ships; they were merchants on the mighty waters.
- 24 They saw the works of the Lord, his wonderful deeds in the deep.
- 25 For he spoke and stirred up a tempest that lifted high the waves.
- 26 They mounted up to the heavens and went down to the depths;  
in their peril their courage melted away.
- 27 They reeled and staggered like drunkards; they were at their wits' end.
- 28 Then they cried out to the Lord in their trouble, and he brought them out of their distress.
- 29 He stilled the storm to a whisper; the waves of the sea were hushed.
- 30 They were glad when it grew calm, and he guided them to their desired haven.
- 31 Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- 32 Let them exalt him in the assembly of the people and praise him in the council of the elders.

- 43 Let the one who is wise heed these things and ponder the loving deeds of the Lord.