



## SESSION INTRO

My Emojis:

*Disappointment*

*Envy*

*Disturbed*

*Happy*

*"Aha" Moment*

## DIGGING IN

Bite-Sized Chunk 1



Bite-Sized Chunk 3



Bite-Sized Chunk 2



Bite-Sized Chunk 4



## PUTTING INTO PRACTICE

My Sanctuary Time:



**Psalm 73**

**A psalm of Asaph.**

- <sup>1</sup> Surely God is good to Israel, those who are pure in heart.
- <sup>2</sup> But as for me, my feet had almost slipped; I had nearly lost my foothold.
- <sup>3</sup> For I envied the arrogant when I saw the prosperity of the wicked.
- <sup>4</sup> They have no struggles; their bodies are healthy and strong.
- <sup>5</sup> They are free from common human burdens; they are not plagued by human ills.
- <sup>6</sup> Therefore pride is their necklace; they clothe themselves with violence.
- <sup>7</sup> From their callous hearts comes iniquity; their evil imaginations have no limits.
- <sup>8</sup> They scoff, and speak with malice; with arrogance they threaten oppression.
- <sup>9</sup> Their mouths lay claim to heaven, and their tongues take possession of the earth.
- <sup>10</sup> Therefore their people turn to them and drink up waters in abundance.
- <sup>11</sup> They say, “How would God know? Does the Most High know anything?”
- <sup>12</sup> This is what the wicked are like—always free of care, they go on amassing wealth.
- <sup>13</sup> Surely in vain I have kept my heart pure and have washed my hands in innocence.
- <sup>14</sup> All day long I have been afflicted, and every morning brings new punishments.
- <sup>15</sup> If I had spoken out like that, I would have betrayed your children.
- <sup>16</sup> When I tried to understand all this, it troubled me deeply
- <sup>17</sup> till I entered the sanctuary of God; then I understood their final destiny.
- <sup>18</sup> Surely you place them on slippery ground; you cast them down to ruin.
- <sup>19</sup> How suddenly are they destroyed, completely swept away by terrors!
- <sup>20</sup> They are like a dream when one awakes; when you arise, Lord, you will despise them as fantasies.
- <sup>21</sup> When my heart was grieved and my spirit embittered,
- <sup>22</sup> I was senseless and ignorant; I was a brute beast before you.
- <sup>23</sup> Yet I am always with you; you hold me by my right hand.
- <sup>24</sup> You guide me with your counsel, and afterward you will take me into glory.
- <sup>25</sup> Whom have I in heaven but you? And earth has nothing I desire besides you.
- <sup>26</sup> My flesh and my heart may fail, but God is the strength of my heart  
and my portion forever.
- <sup>27</sup> Those who are far from you will perish; you destroy all who are unfaithful to you.
- <sup>28</sup> But as for me, it is good to be near God. I have made the Sovereign Lord my refuge; I will tell of all your deeds.