SESSION 5 HIGH SCHOOL JOURNAL PAGE



DIGGING IN

STORY 1 Psalm 107:4-9 spiritually searching	STORY 2 Psalm 107:10-16 spiritual darkness
What were these people like at first?	What were these people like at first?
What was the big turning point in their lives?	What was the big turning point in their lives?
What did God do for them when they cried out to Him?	What did God do for them when they cried out to Him?
Do you have anyone in your life who is in this spiritual predicament?	Do you have anyone in your life who is in this spiritual predicament?
STORY 3 Psalm 107:17-22 spiritual rebelliousness	STORY 4 Psalm 107:23-32 spiritually up and down
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What were these people like at first?	What were these people like at first?

TAKING IT INWARD

John 6:35 John 8:31-32, 34-36

Matthew 11:28; John 8:9-11

John 14:27; 16:33

PUTTING INTO PRACTICE

People to reach out to:

SESSION 5 SCRIPTURE SHEET



Psalm 107

- Give thanks to the Lord, for he is good; his love endures forever.
- ² Let the redeemed of the Lord tell their story—those he redeemed from the hand of the foe,
- ³ those he gathered from the lands, from east and west, from north and south.

Story 1

- ⁴ Some wandered in desert wastelands, finding no way to a city where they could settle.
- ⁵ They were hungry and thirsty, and their lives ebbed away.
- ⁶ Then they cried out to the Lord in their trouble, and he delivered them from their distress.
- ⁷ He led them by a straight way to a city where they could settle.
- ⁸ Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- ⁹ for he satisfies the thirsty and fills the hungry with good things.

Story 2

- ¹⁰ Some sat in darkness, in utter darkness, prisoners suffering in iron chains,
- ¹¹ because they rebelled against God's commands and despised the plans of the Most High.
- ¹² So he subjected them to bitter labor; they stumbled, and there was no one to help.
- ¹³ Then they cried to the Lord in their trouble, and he saved them from their distress.
- ¹⁴ He brought them out of darkness, the utter darkness, and broke away their chains.
- ¹⁵ Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- ¹⁶ for he breaks down gates of bronze and cuts through bars of iron.

Story 3

- ¹⁷ Some became fools through their rebellious ways and suffered affliction because of their iniquities.
- ¹⁸ They loathed all food and drew near the gates of death.
- ¹⁹ Then they cried to the Lord in their trouble, and he saved them from their distress.
- ²⁰ He sent out his word and healed them; he rescued them from the grave.
- ²¹ Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- ²² Let them sacrifice thank offerings and tell of his works with songs of joy.

Story 4

- ²³ Some went out on the sea in ships; they were merchants on the mighty waters.
- ²⁴ They saw the works of the Lord, his wonderful deeds in the deep.
- ²⁵ For he spoke and stirred up a tempest that lifted high the waves.
- ²⁶ They mounted up to the heavens and went down to the depths; in their peril their courage melted away.
- ²⁷ They reeled and staggered like drunkards; they were at their wits' end.
- ²⁸ Then they cried out to the Lord in their trouble, and he brought them out of their distress.
- ²⁹ He stilled the storm to a whisper; the waves of the sea were hushed.
- ³⁰ They were glad when it grew calm, and he guided them to their desired haven.
- ³¹ Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- ³² Let them exalt him in the assembly of the people and praise him in the council of the elders.

 $^{^{43}}$ Let the one who is wise heed these things and ponder the loving deeds of the Lord.