PSALM 107 WHAT CAN GOD DO FOR OUR FRIENDS?

# SESSION 5 COLLEGE AGE JOURNAL PAGE



**DIGGING IN** 

STORY 1   Psalm 107:4-9   spiritually searching	STORY 2   Psalm 107:10-16   spiritual darkness
STORY 3   Psalm 107:17-22   spiritual rebelliousness	STORY 4   Psalm 107:23-32   spiritually up and down

# **TAKING IT INWARD**

John 6:35

John 8:31-32, 34-36

Matthew 11:28; John 8:9-11

John 14:27; 16:33

# **PUTTING INTO PRACTICE**

People to reach out to:

# SCRIPTURE SHEET



# Psalm 107

- <sup>1</sup> Give thanks to the Lord, for he is good; his love endures forever.
- <sup>2</sup> Let the redeemed of the Lord tell their story—those he redeemed from the hand of the foe,
- <sup>3</sup> those he gathered from the lands, from east and west, from north and south.

### Story 1

- <sup>4</sup> Some wandered in desert wastelands, finding no way to a city where they could settle.
- <sup>5</sup> They were hungry and thirsty, and their lives ebbed away.
- <sup>6</sup> Then they cried out to the Lord in their trouble, and he delivered them from their distress.
- <sup>7</sup> He led them by a straight way to a city where they could settle.
- <sup>8</sup> Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- <sup>9</sup> for he satisfies the thirsty and fills the hungry with good things.

### Story 2

- <sup>10</sup> Some sat in darkness, in utter darkness, prisoners suffering in iron chains,
- <sup>11</sup> because they rebelled against God's commands and despised the plans of the Most High.
- <sup>12</sup> So he subjected them to bitter labor; they stumbled, and there was no one to help.
- <sup>13</sup> Then they cried to the Lord in their trouble, and he saved them from their distress.
- <sup>14</sup> He brought them out of darkness, the utter darkness, and broke away their chains.
- <sup>15</sup> Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind,
- <sup>16</sup> for he breaks down gates of bronze and cuts through bars of iron.

## Story 3

- <sup>17</sup> Some became fools through their rebellious ways and suffered affliction because of their iniquities.
- <sup>18</sup> They loathed all food and drew near the gates of death.
- <sup>19</sup> Then they cried to the Lord in their trouble, and he saved them from their distress.
- <sup>20</sup> He sent out his word and healed them; he rescued them from the grave.
- <sup>21</sup> Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- <sup>22</sup> Let them sacrifice thank offerings and tell of his works with songs of joy.

#### Story 4

- <sup>23</sup> Some went out on the sea in ships; they were merchants on the mighty waters.
- <sup>24</sup> They saw the works of the Lord, his wonderful deeds in the deep.
- <sup>25</sup> For he spoke and stirred up a tempest that lifted high the waves.
- <sup>26</sup> They mounted up to the heavens and went down to the depths; in their peril their courage melted away.
- <sup>27</sup> They reeled and staggered like drunkards; they were at their wits' end.
- <sup>28</sup> Then they cried out to the Lord in their trouble, and he brought them out of their distress.
- <sup>29</sup> He stilled the storm to a whisper; the waves of the sea were hushed.
- <sup>30</sup> They were glad when it grew calm, and he guided them to their desired haven.
- <sup>31</sup> Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
- <sup>32</sup> Let them exalt him in the assembly of the people and praise him in the council of the elders.

<sup>43</sup> Let the one who is wise heed these things and ponder the loving deeds of the Lord.